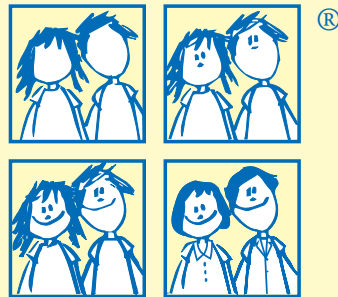


# DEVELOPING CAPABLE PEOPLE®



DEVELOPING CAPABLE PEOPLE® (Canada)

## *Two Day Intensive* **LEADER'S TRAINING PROGRAM**

Become a Certified Leader of the Developing Capable People program - the most successful educational training program of it's kind in Canada. Learn how to facilitate this dynamic program for parents, educators, social workers and other adults who are raising, teaching and providing services to children, teens and families.

### **LEARN TO TEACH OTHERS:**

- To manage the stress caused by rapid social and technological change.
- How to create a positive, compelling future and reduce feelings of hopelessness.
- The key communication skills that can prevent negative conflicts with others.
- How to build caring, positive relationships that decrease feelings of alienation.
- To prevent bullying and violence and develop personal and social responsibility.
- The Significant Seven Life Principles that have changed thousands of lives.

*"Every parent and teacher  
should attend the DCP program.  
It is truly life changing."*

Barbara Williams  
Parent - Wpg., MB

Join the tens of thousands of parents, teachers and other adults from across Canada who have attended the DEVELOPING CAPABLE PEOPLE® program and are successfully using their new knowledge and skills to empower children and teens in their homes, schools and communities.

**CALL TOLL FREE TO REGISTER  
1-800-327-1090**

# OUR CHILDREN AND TEENS ARE BEING CHALLENGED AS NEVER BEFORE!

- Teen pregnancy
- Depression and suicide
- Divorce and family break-ups
- School dropouts
- Negative media influence
- More children living in poverty
- Bullying, violence and gangs
- Sense of hopelessness

## THE DEVELOPING CAPABLE PEOPLE® PROGRAM

- DEVELOPING CAPABLE PEOPLE® is a powerful, nine session educational training program for parents, teachers and other concerned adults who are committed to making a positive difference in the lives of children and teens.
- Each session provides participants with practical information and the specific skills needed to empower youth with the Seven Life Principles. These **THREE PERCEPTIONS** and **FOUR LIFE SKILLS** are of critical importance to help young people become healthy, responsible and successful members of society.

## THE SEVEN LIFE PRINCIPLES



### PERCEPTIONS OF PERSONAL CAPABILITY

*"I have confidence in my ability to learn and succeed in life."*



### PERCEPTIONS OF PERSONAL SIGNIFICANCE

*"My life has meaning and purpose and I am genuinely needed."*



### PERCEPTIONS OF PERSONAL POWER

*"I have the power to control my life. I am not a victim of luck or fate."*



### SELF-DISCIPLINE

*"I can effectively manage my thoughts, feelings and actions."*



### COMMUNICATION

*"I use positive communication skills to live successfully with others."*



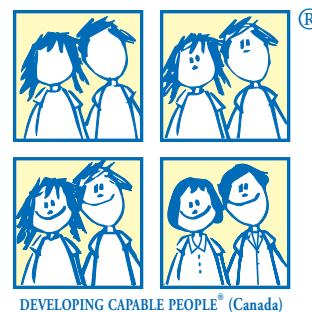
### RESPONSIBILITY

*"I am socially responsible and accountable for my behaviour."*



### VALUES & PRINCIPLES

*"I make decisions based upon personal values and principles."*



DEVELOPING CAPABLE PEOPLE® (Canada)

Developing Capable People is a breakthrough educational training program. Learn about the Seven Life Principles that 30 years of research has proven necessary to develop healthy, capable and responsible youth.

# DEVELOPING CAPABLE PEOPLE® LEADER'S TRAINING PROGRAM

YOUR REGISTRATION FEE OF \$395 PLUS GST INCLUDES:

## *Training Materials (\$250 Value)*

- ▶▶▶ Developing Capable People - VIDEO PROGRAMS Nine - 30 minute sessions
- ▶▶▶ Developing Capable People - LEADER'S GUIDE
- ▶▶▶ Developing Capable People - PARTICIPANT'S WORKBOOK

*plus...*

- ▶ Information about how to use the Significant Seven Life Principles
- ▶ Participation in small and large group activities
- ▶ Specific strategies to empower children and teens
- ▶ Opportunities to observe and practice facilitation skills
- ▶ Developing Capable People - Leader's Certificate
- ▶ Auditing future DCP Leader's Training Programs at no charge

## THE DCP LEADER'S TRAINING PROGRAM WILL COVER...

### **SESSION 1** Our Changing World

Understanding how rapid social and technological changes are impacting children, families, schools and communities.

### **SESSION 2** The Power of Perceptions

Understanding the relationship between perceptions, attitudes, motivation and behavior.

### **SESSION 3** Perceptions of Personal Capability

Understanding how to develop self-confidence and competency.

### **SESSION 4** Perceptions of Personal Significance

Creating conditions to help young people develop a personal sense of meaning & purpose.

### **SESSION 5** Perceptions of Personal Power

Helping young people develop positive beliefs required to achieve their full human potential.

### **SESSION 6** Self-Discipline

The skill of understanding thoughts and feelings and developing self-control & self-discipline.

### **SESSION 7** Communication

The skill of developing and using effective communication skills to live and work successfully with others.

### **SESSION 8** Responsibility

The skill of developing personal and social responsibility.

### **SESSION 9** Values and Principles

The skill of making important decisions and choices based upon universal values and principles.

*"The DCP program was excellent. It provided me with new knowledge and skills that will definitely help my students succeed at school and in life."*

Mark Sorenson  
Teacher - Van., BC

**DEVELOPING CAPABLE PEOPLE®**  
**LEADER'S TRAINING PROGRAMS**  
**ARE OFFERED ACROSS CANADA IN THESE LOCATIONS:**

|           |               |           |         |
|-----------|---------------|-----------|---------|
| VANCOUVER | PRINCE GEORGE | EDMONTON  | TORONTO |
| KELOWNA   | KAMLOOPS      | REGINA    | OTTAWA  |
| NANAIMO   | CALGARY       | SASKATOON | MONCTON |
| VICTORIA  | RED DEER      | WINNIPEG  | HALIFAX |

**ON-SITE**

Developing Capable People Leader's Training Programs are also available ON-SITE for schools, school districts, social services, health agencies, community organizations and First Nations bands.

**BRING THIS POWERFUL EDUCATIONAL TRAINING PROGRAM TO YOUR COMMUNITY**

**PHONE TOLL FREE 1-800-327-1090**

**Email: [info@resiliencyinstitute.com](mailto:info@resiliencyinstitute.com) • Visit our website: [www.resiliencyinstitute.com](http://www.resiliencyinstitute.com)**

**The Developing Capable People®**  
**LEADER'S TRAINING PROGRAM**

Registration Fee of \$395 plus GST **\$422.65** includes:

- Nine – 30 minute training videos
- DCP Leader's Guide
- DCP Participant's Workbook
- Official DCP Leader's Certificate

**MAIL:** Resiliency Institute of Canada, Inc.  
 Box 1510, Vernon, B.C., V1T 8C2

**PHONE:** 250-545-7443 **FAX:** 250-545-1270

**WEBSITE:** [www.resiliencyinstitute.com](http://www.resiliencyinstitute.com)

**EMAIL:** [info@resiliencyinstitute.com](mailto:info@resiliencyinstitute.com)

**CANCELLATION /SUBSTITUTION POLICY:** Substitutions can be made at any time. Full refund prior to one month. Refund less \$100 processing fee – more than two weeks prior. Less than two weeks, fee applied to future training.

Seminar City ..... Seminar Date .....

Name .....

Street Address .....

City/Prov. .... Postal Code .....

Phone ..... Fax.....

**METHOD OF PAYMENT:**

☐ Cheque/Money Order ☐  ☐  ☐ 

Credit Card # ..... Expiry .....

Signature.....

**CALL TOLL FREE TO REGISTER**  
**1-800-327-1090**